

Package ‘activAnalyzer’

January 31, 2023

Title A 'Shiny' App to Analyze Accelerometer-Measured Daily Physical Behavior Data

Version 2.0.0

Description A tool to analyse 'ActiGraph' accelerometer data and to implement the use of the PROactive Physical Activity in COPD (chronic obstructive pulmonary disease) instruments. Once analysis is completed, the app allows to export results to .csv files and to generate a report of the measurement. All the configured inputs relevant for interpreting the results are recorded in the report. In addition to the existing 'R' packages that are fully integrated with the app, the app uses some functions from the 'actigraph.sleepr' package developed by Petkova (2021) <<https://github.com/dipetkov/actigraph.sleepr/>>.

License GPL (>= 3)

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URL <https://pydemull.github.io/activAnalyzer/>,
<https://github.com/pydemull/activAnalyzer>

BugReports <https://github.com/pydemull/activAnalyzer/issues>

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average_results	<i>Average results over valid days</i>
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Description

This function computes, using valid days only, the mean of each of the metrics obtained using the [recap_by_day](#) function. The median can also be obtained with an appropriate configuration of the function.

Usage

```
average_results(data, minimum_wear_time = 10, fun = c("mean", "median"))
```

Arguments

data	A dataframe obtained using the prepare_dataset , mark_wear_time , mark_intensity , and then the recap_by_day functions.
minimum_wear_time	A numeric value (in hours) to set the minimum wear time duration for validating a day.
fun	A character value indicating whether means or medians should be computed.

Value

A dataframe.

Examples

```
file <- system.file("extdata", "acc.agd", package = "activAnalyzer")
mydata <- prepare_dataset(data = file)
mydata_with_wear_marks <- mark_wear_time(
  dataset = mydata,
  TS = "TimeStamp",
  to_epoch = 60,
  cts = "vm",
  frame = 90,
  allowanceFrame = 2,
  streamFrame = 30
)
mydata_with_intensity_marks <- mark_intensity(
  data = mydata_with_wear_marks,
  col_axis = "vm",
  equation = "Sasaki et al. (2011) [Adults]",
  sed_cutpoint = 200,
  mpa_cutpoint = 2690,
  vpa_cutpoint = 6167,
  age = 32,
  weight = 67,
```

```

sex = "male",
)
summary_by_day <- recap_by_day(
  data = mydata_with_intensity_marks,
  age = 32,
  weight = 67,
  sex = "male",
  valid_wear_time_start = "07:00:00",
  valid_wear_time_end = "22:00:00"
)$df_all_metrics
average_results(data = summary_by_day, minimum_wear_time = 10)

```

```
compute_accumulation_metrics
```

Compute activity accumulation metrics

Description

This function computes metrics that summarise the pattern of accumulation of either sedentary behaviour or physical activity (depending on the configuration of the function) over time:

- **mean_breaks**: mean daily number of transitions from a sedentary bout to a physical activity bout (or from a physical activity bout to a sedentary bout); this actually corresponds to the mean daily total number of sedentary (or physical activity) bouts detected.
- **alpha**: provides information on the relative proportion of short and long bouts. The higher the alpha coefficient, the more the individual tends to accumulate sedentary (or physical activity) time using relatively short bouts. Alpha is computed using all the bouts of the days and periods of the day considered for analysis. Alpha is computed using the following equation provided by Chastin et al. (2010; doi: 10.1016/j.gaitpost.2009.09.002): $\alpha = 1 + n \left[\sum_{i=1}^n \ln \frac{x_i}{x_{min}} \right]^{-1}$, with n the total number of bouts, x_i the duration of the bout i , and x_{min} the shortest recorded bout duration.
- **median bout duration (MBD)**: refers to the median sedentary (or physical activity) bout duration. MBD is computed using all the bouts of the days and periods of the day considered for analysis.
- **usual bout duration (UBD)**: refers to the bout duration under/above which 50% of sedentary (or physical activity) time is accumulated. UBD is computed using all the bouts of the days and periods of the day considered for analysis. UBD is determined as described in Belletiere al. (2017; doi:10.1371/journal.pone.0180119) supplementary file 1. More precisely, UBD is found using non-linear regression with the following model: $y = \frac{t^n}{t^n + UBD^n}$, with t the bout duration, n a free parameter, and y the fraction of total time accumulated in bouts $\leq t$.
- **Gini index**: provides information on the equality with which bout durations contribute to total sedentary (or physical activity) time. A value of 1 reveals perfect inequality, and a value of 0 reveals perfect equality. Gini index is computed using all the bouts of the days and periods of the day considered for analysis. Gini index is computed following the procedure described

at the following link: <https://www.statology.org/gini-coefficient-excel/>. This method provides similar results as the frequency method implemented in the Gini function from the DescTools R package.

The appearance of the graphics generated by the function has been inspired by the supplementary file provided by Belletiere al. (2017; doi:10.1371/journal.pone.0180119).

Usage

```
compute_accumulation_metrics(
  data,
  col_time = "time",
  col_cat_int = "intensity_category",
  behaviour = c("sed", "pa"),
  dates = NULL,
  valid_wear_time_start = "00:00:00",
  valid_wear_time_end = "23:59:59",
  zoom_from = "00:00:00",
  zoom_to = "23:59:59"
)
```

Arguments

data	A dataframe obtained using the prepare_dataset , mark_wear_time , and then the mark_intensity functions.
col_time	A character value to indicate the name of the variable containing time data.
col_cat_int	A character value indicating the name of the variable where intensity category (SED, LPA, MVPA) is provided.
behaviour	A character value indicating whether metrics should be computed for sedentary behaviour or physical activity.
dates	A character vector containing the dates to be retained for analysis. The dates must be with the "YYYY-MM-DD" format. Default is NULL.
valid_wear_time_start	A character value with the HH:MM:SS format to set the start of the daily period that will be considered for computing metrics.
valid_wear_time_end	A character value with the HH:MM:SS format to set the end of the daily period that will be considered for computing metrics.
zoom_from	A character value with the HH:MM:SS format to set the start of the daily period to visualize regarding the daily breaks.
zoom_to	A character value with the HH:MM:SS format to set the end of the daily period to visualize regarding the daily breaks.

Value

A list of numeric and graphic objects related to mean daily total breaks, alpha, MBD, UBD and Gini index. The list also contains the processed datasets that were used to provide these metrics: `recap_bouts_by_day` used to compute `mean_break`, `recap_bouts` used to compute `alpha`

and MBD, summarised_bouts used to compute UBD, and summarised_bouts2 used to compute Gini index.

Examples

```
file <- system.file("extdata", "acc.agd", package = "activAnalyzer")
mydata <- prepare_dataset(data = file)
mydata_with_wear_marks <- mark_wear_time(
  dataset = mydata,
  TS = "TimeStamp",
  to_epoch = 60,
  cts = "vm",
  frame = 90,
  allowanceFrame = 2,
  streamFrame = 30
)
mydata_with_intensity_marks <- mark_intensity(
  data = mydata_with_wear_marks,
  col_axis = "vm",
  equation = "Sasaki et al. (2011) [Adults]",
  sed_cutpoint = 200,
  mpa_cutpoint = 2690,
  vpa_cutpoint = 6167,
  age = 32,
  weight = 67,
  sex = "male",
)
compute_accumulation_metrics(
  data = mydata_with_intensity_marks,
  behaviour = "sed",
  dates = c("2021-04-07", "2021-04-08", "2021-04-09", "2021-04-10", "2021-04-11"),
  valid_wear_time_start = "00:00:00",
  valid_wear_time_end = "23:59:59",
  zoom_from = "00:00:00",
  zoom_to = "23:59:59"
)
```

compute_bmr

Compute Basal Metabolic Rate (BMR)

Description

This function computes Basal Metabolic Rate in kcal/d using a Henry et al. (2005; doi: 10.1079/PHN2005801) equation. This function is wrapped within the [mark_intensity](#) and [recap_by_day](#) functions.

Usage

```
compute_bmr(  
  age = 40,  
  sex = c("male", "female", "intersex", "undefined", "prefer not to say"),  
  weight = 70  
)
```

Arguments

age	A numeric value in yr.
sex	A character value.
weight	A numeric value in kg.

Value

A numeric value.

Examples

```
compute_bmr(age = 32, sex = "male", weight = 67)
```

```
compute_intensity_distri_metrics  
  Compute intensity distribution metrics
```

Description

This function computes metrics that describe the distribution of intensity for each day of a dataset. Computations are performed based on the daily periods set for analysis and on the detected wear time.

Usage

```
compute_intensity_distri_metrics(  
  data,  
  col_axis = "vm",  
  col_time = "time",  
  valid_wear_time_start = "00:00:00",  
  valid_wear_time_end = "23:59:59",  
  start_first_bin = 0,  
  start_last_bin = 10000,  
  bin_width = 500  
)
```

Arguments

data	A dataframe obtained using the <code>prepare_dataset</code> , <code>mark_wear_time</code> , and then the <code>mark_intensity</code> functions.
col_axis	A character value to indicate the name of the variable to be used to compute total time per bin of intensity.
col_time	A character value to indicate the name of the variable to be used to determine the epoch length of the dataset.
valid_wear_time_start	A character value with the HH:MM:SS format to set the start of the daily period that will be considered for computing metrics.
valid_wear_time_end	A character value with the HH:MM:SS format to set the end of the daily period that will be considered for computing metrics.
start_first_bin	A numeric value to set the lower bound of the first bin of the intensity band (in counts/epoch duration).
start_last_bin	A numeric value to set the lower bound of the last bin of the intensity band (in counts/epoch duration).
bin_width	A numeric value to set the width of the bins of the intensity band (in counts/epoch duration).

Value

A list of objects: `metrics`, `p_band`, and `p_log`. `metrics` is a dataframe containing the intensity gradients and the MX metrics (in counts/epoch duration used) as described in Rowlands et al. (2018; doi:10.1249/MSS.0000000000001561). The graphic `p_band` shows the distribution of time spent in the configured bins of intensity for each day of the dataset. The graphic `p_log` shows, for each day, the relationship between the natural log of time spent in each bin with the natural log of the middle values of the intensity bins.

Examples

```
file <- system.file("extdata", "acc.agd", package = "activAnalyzer")
mydata <- prepare_dataset(data = file)
mydata_with_wear_marks <- mark_wear_time(
  dataset = mydata,
  TS = "TimeStamp",
  to_epoch = 60,
  cts = "vm",
  frame = 90,
  allowanceFrame = 2,
  streamFrame = 30
)
mydata_with_intensity_marks <- mark_intensity(
  data = mydata_with_wear_marks,
  col_axis = "vm",
  equation = "Sasaki et al. (2011) [Adults]",
```



```

    sed_cutpoint = 200,
    mpa_cutpoint = 2690,
    vpa_cutpoint = 6167,
    age = 32,
    weight = 67,
    sex = "male"
  )
compute_intensity_distri_metrics(
  data = mydata_with_intensity_marks,
  col_axis = "vm",
  col_time = "time",
  valid_wear_time_start = "00:00:00",
  valid_wear_time_end = "23:59:59",
  start_first_bin = 0,
  start_last_bin = 10000,
  bin_width = 500
)

```

compute_mets

Compute metabolic equivalent of task (MET) values

Description

This function computes metabolic equivalent of task (METs) from weight, sex, accelerometer counts, and a published equation from one of the following scientific articles: Sasaki et al. (2011; doi:10.1016/j.jsams.2011.04.003); Santos-Lozano et al. (2013; 10.1055/s-0033-1337945); Freedson et al. (1998; doi: 10.1097/00005768-199805000-00021). This function is wrapped within the [mark_intensity](#) function.

Usage

```

compute_mets(
  data,
  equation = c("Sasaki et al. (2011) [Adults]", "Santos-Lozano et al. (2013) [Adults]",
    "Freedson et al. (1998) [Adults]", "Santos-Lozano et al. (2013) [Older adults]"),
  weight = 70,
  sex = c("male", "female", "intersex", "undefined", "prefer not to say")
)

```

Arguments

data	A dataframe obtained using the prepare_dataset function.
equation	A character string to indicate the equation to be used for estimating METs.
weight	A numeric value in kg.
sex	A character value.

Value

A numeric vector.

Examples

```
library(magrittr)
file <- system.file("extdata", "acc.agd", package = "activAnalyzer")
mydata <- prepare_dataset(data = file)
mydata_with_wear_marks <- mydata %>% mark_wear_time() %>%
dplyr::filter(days == 2 & time >= hms::as_hms("14:00:00") & time <= hms::as_hms("15:00:00"))
mets <- compute_mets(
  data = mydata_with_wear_marks,
  equation = "Sasaki et al. (2011) [Adults]",
  weight = 67,
  sex = "male"
)
mets
```

compute_pro_actigraph_score

Compute PROactive monitor-based physical activity score for C-PPAC tool

Description

This function computes the PROactive activity score based on the daily median or mean of step count or vector magnitude unit (in counts/min) obtained using an ActiGraph accelerometer.

Usage

```
compute_pro_actigraph_score(
  x,
  quest = c("C-PPAC", "D-PPAC"),
  metric = c("steps", "vmu"),
  fun = c("median", "mean")
)
```

Arguments

x	A numeric value that should be the daily median or the daily mean of step count or vector magnitude unit following a measurement of physical activity; see Gimeno-Santos et al. (2015, online supplement, p.71, doi: 10.1183/09031936.00183014) and Garcia-Aymerich et al. (2021, supplemental material, p.17; doi: 10.1136/thoraxjnl-2020-214554).
quest	A character value to indicate for which PROactive questionnaire a score of the amount of physical activity should be computed.

metric	A character value to indicate the metric for which the PROactive score should be obtained.
fun	A character value to indicate if the metric used in the function is the median or the mean of the results obtained each day of the measurement.

Value

A numeric value.

Examples

```
compute_pro_actigraph_score(x = 3500, quest = "C-PPAC", metric = "steps", fun = "median")
```

```
compute_pro_actigraph_score(x = 340, quest = "C-PPAC", metric = "vmu", fun = "mean")
```

```
compute_pro_score_cppac
```

Provide score for each question of the C-PPAC

Description

This function provides a score (from 0 to 4) in relation to the response to a given question from the C-PPAC questionnaire.

Usage

```
compute_pro_score_cppac(
  x,
  question = c("q1", "q2", "q3", "q4", "q5", "q6", "q7", "q8", "q9", "q10", "q11", "q12"),
  language = c("en", "fr")
)
```

Arguments

x	A character string that is the exact response to the considered question from the C-PPAC questionnaire.
question	A character value to identify the question to be considered when providing the score.
language	A character value for setting the language of the considered questionnaire.

Value

A numeric value.

Examples

```
compute_pro_score_cppac(  
  x = "A lot (about 1 hour every day)",  
  question = "q1",  
  language = "en"  
)
```

compute_pro_score_dppac

Provide score for each question of the D-PPAC

Description

This function provides a score (from 0 to 4) in relation to the response to a given question from the D-PPAC questionnaire.

Usage

```
compute_pro_score_dppac(  
  x,  
  question = c("q1", "q2", "q3", "q4", "q5", "q6", "q7", "q8", "q9", "q10", "q11", "q12"),  
  language = c("en", "fr")  
)
```

Arguments

x	A character string that is the exact response to the considered question from the D-PPAC questionnaire.
question	A character value to identify the question to be considered when providing the score.
language	A character value for setting the language of the considered questionnaire.

Value

A numeric value.

Examples

```
compute_pro_score_dppac(  
  x = "Un petit peu (jusqu'à 10 minutes au total)",  
  question = "q1",  
  language = "fr"  
)
```

create_fig_mvpa	<i>Create a figure showing the mean daily MVPA time</i>
-----------------	---

Description

The function generates a figure showing mortality hazard ratio in correspondence with daily MVPA minutes. The figure is based on data extracted from Ekelund et al. paper (2019; doi: 10.1136/bmj.l4570).

Usage

```
create_fig_mvpa(score, language = c("en", "fr"))
```

Arguments

score	A numeric value for mean daily MVPA time in minutes.
language	A character value for setting the language with which the figure should be created: en for english; fr for french.

Value

A ggplot object.

Examples

```
create_fig_mvpa(score = 27)
```

create_fig_mx_by_day	<i>Create a radar plot for MX metrics relating to each day of the measurement of physical behavior</i>
----------------------	--

Description

This function creates radar plots in relation to MX metrics as illustrated in Rowlands et al. (2018; doi:10.1249/MSS.0000000000001561) paper, here for each day of an accelerometer measurement.

Usage

```
create_fig_mx_by_day(  
  data,  
  labels = NULL,  
  mpa_cutpoint = 2690,  
  vpa_cutpoint = 6167  
)
```

Arguments

data	A dataframe with physical behavior metrics summarised for each day of the measurement. It should have been obtained using the prepare_dataset , mark_wear_time , mark_intensity , and then the recap_by_day functions.
labels	A vector of numeric values setting the breaks of the Y axis of the radar plot. Default is a vector of 6 values with a start at 0 and an end at the maximum of all the computed MX metrics.
mpa_cutpoint	A numeric value at and above which time is considered as spent in moderate-to-vigorous physical activity (in counts/epoch length used to compute MX metrics). Default value is from Sasaki et al. (2011; doi:10.1016/j.jsams.2011.04.003) relating to vector magnitude in counts/min.
vpa_cutpoint	A numeric value at and above which time is considered as spent in vigorous physical activity (in counts/epoch length used to compute MX metrics). Default value is from Sasaki et al. (2011; doi:10.1016/j.jsams.2011.04.003) relating to vector magnitude in counts/min.

Value

A ggplot object

Examples

```
file <- system.file("extdata", "acc.agd", package = "activAnalyzer")
mydata <- prepare_dataset(data = file)
mydata_with_wear_marks <- mark_wear_time(
  dataset = mydata,
  TS = "TimeStamp",
  to_epoch = 60,
  cts = "vm",
  frame = 90,
  allowanceFrame = 2,
  streamFrame = 30
)
mydata_with_intensity_marks <- mark_intensity(
  data = mydata_with_wear_marks,
  col_axis = "vm",
  equation = "Sasaki et al. (2011) [Adults]",
  sed_cutpoint = 200,
  mpa_cutpoint = 2690,
  vpa_cutpoint = 6167,
  age = 32,
  weight = 67,
  sex = "male"
)
summary_by_day <- recap_by_day(
  data = mydata_with_intensity_marks,
  col_axis = "vm",
  age = 32,
  weight = 67,
```

```

sex = "male",
valid_wear_time_start = "07:00:00",
valid_wear_time_end = "22:00:00",
start_first_bin = 0,
start_last_bin = 10000,
bin_width = 500
)$df_all_metrics
create_fig_mx_by_day(
  data = summary_by_day,
  labels = seq(2500, 12500, 2500)
)

```

create_fig_mx_summary *Create a radar plot for the mean or median MX metrics relating to the measurement of physical behavior*

Description

This function creates a radar plot in relation to MX metrics as illustrated in Rowlands et al. (2018; doi:10.1249/MSS.0000000000001561) paper.

Usage

```

create_fig_mx_summary(
  data,
  labels = NULL,
  mpa_cutpoint = 2690,
  vpa_cutpoint = 6167
)

```

Arguments

data	A dataframe with physical behavior metrics summarised using means or medians of valid days. It should have been obtained using the prepare_dataset , mark_wear_time , mark_intensity , recap_by_day , and then the average_results functions.
labels	A vector of numeric values setting the breaks of the Y axis of the radar plot. Default is a vector of 6 values with a start at 0 and an end at the maximum of all the computed MX metrics.
mpa_cutpoint	A numeric value at and above which time is considered as spent in moderate-to-vigorous physical activity (in counts/epoch length used to compute MX metrics). Default value is from Sasaki et al. (2011; doi:10.1016/j.jsams.2011.04.003) relating to vector magnitude.
vpa_cutpoint	A numeric value at and above which time is considered as spent in vigorous physical activity (in counts/epoch length used to compute MX metrics). Default value is from Sasaki et al. (2011; doi:10.1016/j.jsams.2011.04.003) relating to vector magnitude.

Value

A ggplot object

Examples

```
file <- system.file("extdata", "acc.agd", package = "activAnalyzer")
mydata <- prepare_dataset(data = file)
mydata_with_wear_marks <- mark_wear_time(
  dataset = mydata,
  TS = "TimeStamp",
  to_epoch = 60,
  cts = "vm",
  frame = 90,
  allowanceFrame = 2,
  streamFrame = 30
)
mydata_with_intensity_marks <- mark_intensity(
  data = mydata_with_wear_marks,
  col_axis = "vm",
  equation = "Sasaki et al. (2011) [Adults]",
  sed_cutpoint = 200,
  mpa_cutpoint = 2690,
  vpa_cutpoint = 6167,
  age = 32,
  weight = 67,
  sex = "male"
)
summary_by_day <- recap_by_day(
  data = mydata_with_intensity_marks,
  col_axis = "vm",
  age = 32,
  weight = 67,
  sex = "male",
  valid_wear_time_start = "07:00:00",
  valid_wear_time_end = "22:00:00",
  start_first_bin = 0,
  start_last_bin = 10000,
  bin_width = 500
)$df_all_metrics
recap <- average_results(data = summary_by_day, minimum_wear_time = 10, fun = "median")
create_fig_mx_summary(
  data = recap,
  labels = seq(2500, 12500, 2500)
)
```


Description

The function generates a figure showing the daily mean of PAL in correspondence with the FAO (2004; <http://www.fao.org/3/y5686e/y5686e07.htm#bm07.3>) categories.

Usage

```
create_fig_pal(score, language = c("en", "fr"))
```

Arguments

score	A numeric value for mean daily PAL.
language	A character value for setting the language with which the figure should be created: en for english; fr for french.

Value

A ggplot object.

Examples

```
create_fig_pal(score = 1.8)
```

```
create_fig_ratio_mvpa_sed
```

Create a figure showing the mean daily MVPA/SED ratio

Description

The function generates a figure showing mortality hazard ratio in correspondence with the daily mean of the MVPA/SED ratio. The figure is based on data extracted from Chastin et al. paper (2021; doi: 10.1123/jpah.2020-0635).

Usage

```
create_fig_ratio_mvpa_sed(score, language = c("en", "fr"))
```

Arguments

score	A numeric value for mean daily MVPA/SED ratio.
language	A character value for setting the language with which the figure should be created: en for english; fr for french.

Value

A ggplot object.

Examples

```
create_fig_ratio_mvpa_sed(score = 0.06)
```

```
create_fig_res_by_day Create a figure with metrics shown for each day
```

Description

The function generates a figure with several common metrics shown for each day of the physical behavior measurement.

Usage

```
create_fig_res_by_day(
  data,
  minimum_wear_time_for_analysis = 10,
  start_day_analysis = "00:00:00",
  end_day_analysis = "23:59:00",
  language = c("en", "fr"),
  metrics = c("all", "volume", "step_acc", "int_distri"),
  epoch_label = "60s"
)
```

Arguments

<code>data</code>	A dataframe with results obtained using the prepare_dataset , mark_wear_time , mark_intensity , and then the recap_by_day functions.
<code>minimum_wear_time_for_analysis</code>	A numeric value to indicate the minimum number of hours of wear time that was considered to validate a day.
<code>start_day_analysis</code>	A character value to indicate the start of the period that was considered to validate a day based on wear time.
<code>end_day_analysis</code>	A character value to indicate the end of the period that was considered to validate a day based on wear time.
<code>language</code>	A character value for setting the language with which the figure should be created: en for english; fr for french.
<code>metrics</code>	A character value for setting the metrics to be shown in the figure. "volume" refers to "activity volume" metrics, <code>step_acc</code> refers to "step accumulation" metrics, and "int_distri" refers to intensity distribution metrics. By default, the function provides all computed metrics.
<code>epoch_label</code>	A character value to be pasted into the names of the variables to build the figure

Value

A ggplot object

Examples

```
file <- system.file("extdata", "acc.agd", package = "activAnalyzer")
mydata <- prepare_dataset(data = file)
mydata_with_wear_marks <- mark_wear_time(
  dataset = mydata,
  TS = "TimeStamp",
  cts = "vm",
  frame = 90,
  allowanceFrame = 2,
  streamFrame = 30
)
mydata_with_intensity_marks <- mark_intensity(
  data = mydata_with_wear_marks,
  col_axis = "vm",
  equation = "Sasaki et al. (2011) [Adults]",
  sed_cutpoint = 200,
  mpa_cutpoint = 2690,
  vpa_cutpoint = 6167,
  age = 32,
  weight = 67,
  sex = "male",
)
summary_by_day <- recap_by_day(
  data = mydata_with_intensity_marks,
  age = 32,
  weight = 67,
  sex = "male",
  valid_wear_time_start = "07:00:00",
  valid_wear_time_end = "22:00:00"
)$df_all_metrics
create_fig_res_by_day(summary_by_day,
  minimum_wear_time_for_analysis = 10,
  start_day_analysis = "00:00:00",
  end_day_analysis = "23:59:00",
  language = "en")
```

create_fig_sed

Create a figure showing the mean daily sedentary (SED) time

Description

The function generates a figure showing mortality hazard ratio in correspondence with daily SED hours. The figure is based on data extracted from Ekelund et al. paper (2019; doi: 10.1136/bmj.l4570).

Usage

```
create_fig_sed(score, language = c("en", "fr"))
```

Arguments

score	A numeric value for mean daily SED time in minutes.
language	A character value for setting the language with which the figure should be created: en for english; fr for french.

Value

A ggplot object.

Examples

```
create_fig_sed(score = 400)
```

create_fig_steps	<i>Create a figure showing the mean daily step count</i>
------------------	--

Description

The function generates a figure showing the daily mean of the daily step count in correspondence with the Tudor-Locke et al. (2011; doi: 10.1186/1479-5868-8-79) categories.

Usage

```
create_fig_steps(score, language = c("en", "fr"))
```

Arguments

score	A numeric value for mean daily step count.
language	A character value for setting the language with which the figure should be created: en for english; fr for french.

Value

A ggplot object.

Examples

```
create_fig_steps(score = 12500)
```

create_flextable_summary
Create a formatted table of results

Description

The function generates a formatted table with both means and medians of the metrics obtained following the physical behavior measurement.

Usage

```
create_flextable_summary(  
  results_summary_means,  
  results_summary_medians,  
  language = c("en", "fr"),  
  metrics = c("all", "volume", "step_acc", "int_distri"),  
  epoch_label = "60s"  
)
```

Arguments

results_summary_means A dataframe with mean results obtained using the [prepare_dataset](#), [mark_wear_time](#), [mark_intensity](#), [recap_by_day](#), and then the [average_results](#) functions.

results_summary_medians A dataframe with median results obtained using the [prepare_dataset](#), [mark_wear_time](#), [mark_intensity](#), [recap_by_day](#), and then the [average_results](#) functions.

language A character value for setting the language with which the figure should be created: en for english; fr for french.

metrics A character value for setting the metrics to be shown in the figure. "volume" refers to "activity volume" metrics, [step_acc](#) refers to "step accumulation" metrics, and "int_distri" refers to intensity distribution metrics. By default, the function provides all computed metrics.

epoch_label A character value to be pasted into the names of the variables to build the figure

Value

A flextable object

Examples

```
file <- system.file("extdata", "acc.agd", package = "activAnalyzer")  
mydata <- prepare_dataset(data = file)  
mydata_with_wear_marks <- mark_wear_time(  
  dataset = mydata,  
  TS = "TimeStamp",
```

```

    cts = "vm",
    frame = 90,
    allowanceFrame = 2,
    streamFrame = 30
  )
mydata_with_intensity_marks <- mark_intensity(
  data = mydata_with_wear_marks,
  col_axis = "vm",
  equation = "Sasaki et al. (2011) [Adults]",
  sed_cutpoint = 200,
  mpa_cutpoint = 2690,
  vpa_cutpoint = 6167,
  age = 32,
  weight = 67,
  sex = "male",
)
summary_by_day <- recap_by_day(
  data = mydata_with_intensity_marks,
  age = 32,
  weight = 67,
  sex = "male",
  valid_wear_time_start = "07:00:00",
  valid_wear_time_end = "22:00:00"
)$df_all_metrics
results_summary_means <- average_results(
  data = summary_by_day,
  minimum_wear_time = 10,
  fun = "mean"
)
results_summary_medians <- average_results(
  data = summary_by_day,
  minimum_wear_time = 10,
  fun = "median"
)
create_flextable_summary(
  results_summary_means,
  results_summary_medians,
  language = "en"
)

```

get_guidelines_status *Get WHO physical activity guidelines status*

Description

Get WHO physical activity guidelines status

Usage

```
get_guidelines_status(value, language = c("en", "fr"))
```

Arguments

value	A numeric value to indicate the daily mean of MET-hours spent at moderate-to-vigorous physical activity intensity.
language	A character value for setting the language with which the table should be created: en for english; fr for french.

Value

A character string.

Examples

```
get_guidelines_status(value = 5)
```

get_ig_results	<i>Get intensity gradient values and graphics</i>
----------------	---

Description

The values and graphics are respectively computed and created from the daily periods set for analysis and are based on detected wear time.

Usage

```
get_ig_results(
  data,
  col_axis = "vm",
  col_time = "time",
  valid_wear_time_start = "00:00:00",
  valid_wear_time_end = "23:59:59",
  start_first_bin = 0,
  start_last_bin = 10000,
  bin_width = 500,
  cor_factor = 1
)
```

Arguments

data	A dataframe obtained using the prepare_dataset , mark_wear_time , and then the mark_intensity functions. Data should be grouped by day and then nested.
col_axis	A character value to indicate the name of the variable to be used to compute total time per bin of intensity.

col_time	A character value to indicate the name of the variable to be used to determine the epoch length of the dataset.
valid_wear_time_start	A character value with the HH:MM:SS format to set the start of the daily period that will be considered for computing metrics.
valid_wear_time_end	A character value with the HH:MM:SS format to set the end of the daily period that will be considered for computing metrics.
start_first_bin	A numeric value to set the lower bound of the first bin of the intensity band (in counts/epoch duration).
start_last_bin	A numeric value to set the lower bound of the last bin of the intensity band (in counts/epoch duration).
bin_width	A numeric value to set the width of the bins of the intensity band (in counts/epoch duration).
cor_factor	A numeric value resulting from the ratio between 60s and the epoch length of the analysed dataset. This is used to convert the number of rows into minutes when getting the results.

Value

A list of objects.

get_pal_status	<i>Get FAO physical activity level (PAL) status</i> (http://www.fao.org/3/y5686e/y5686e07.htm#bm07.3)
----------------	--

Description

Get FAO physical activity level (PAL) status (<http://www.fao.org/3/y5686e/y5686e07.htm#bm07.3>)

Usage

```
get_pal_status(value, language = c("en", "fr"))
```

Arguments

value	A numeric value to indicate the daily mean of PAL.
language	A character value for setting the language with which the table should be created: en for english; fr for french.

Value

A character string.

Examples

```
get_pal_status(value = 1.8)
```

get_pa_period_info *Get relevant missing physical activity information indicated by the user of the app*

Description

Get relevant missing physical activity information indicated by the user of the app

Usage

```
get_pa_period_info(period)
```

Arguments

period A character string pointing to the module id from which information have to be caught

Value

A dataframe

get_ratio_mvpa_sed_comment
Get comment about the MVPA/SED ratio

Description

Get comment about the MVPA/SED ratio

Usage

```
get_ratio_mvpa_sed_comment(value, language = c("en", "fr"))
```

Arguments

value A numeric value to indicate the daily mean of MVPA/SED ratio.
language A character value for setting the language with which the table should be created: en for english; fr for french.

Value

A character string.

Examples

```
get_ratio_mvpa_sed_comment(value = 0.03)
```

mark_intensity

*Add intensity metrics***Description**

This function adds several columns to a dataset that contains accelerometer counts data. These columns concern respectively sedentary time (SED), light physical activity time (LPA), moderate physical activity time (MPA), vigorous physical activity time (VPA), metabolic equivalent of task (METs), kilocalories (kcal), and MET-hours when time is spent in moderate-to-vigorous physical activity. For the SED, LPA, MPA, and VPA columns, the function provides, for each epoch, the numeric value 1 when the value of the configured counts variable respectively fulfills the criteria of the SED, LPA, MPA, and VPA category (e.g., for the SED column, 1 may be provided if VM counts are <150 counts/min); otherwise 0 is provided. METs are computed using the `compute_mets` function. METs are computed using a published equation from one of the following scientific articles: Sasaki et al. (2011; doi:10.1016/j.jsams.2011.04.003); Santos-Lozano et al. (2013; 10.1055/s-0033-1337945); Freedson et al. (1998; doi: 10.1097/00005768-199805000-00021). Kilocalories are computed as follows. For non-SED epochs, MET values are multiplied by BMR expressed in kcal/min when using the Santos-Lozano et al. (2013) equations since, in that study, METs were multiples of the measured (not standard) resting metabolic rate. When using the Sasaki et al. (2011) and Freedson et al. (1998) equations, the MET values are multiplied by weight and 1/60 since, in those studies, METs were multiples of standard resting metabolic rate (i.e., 3.5 mL O₂/min/kg) and a standard MET is approximately equivalent to 1 kcal/kg/h (Butte et al., 2012; doi: 10.1249/MSS.0b013e3182399c0e). For SED epochs, BMR expressed in kcal/min is directly used. BMR is computed using the `compute_bmr` function that uses sex, age, and weight inputs, and one of the equations retrieved from the paper by Henry et al. (2005; doi: 10.1079/PHN2005801). MET-hours are obtained by multiplying METs by time related to each epoch (e.g., 1/60e of an hour for 1-min epochs), only when the MET value is ≥ 3 . Of note, kilocalories and MET-hours are initially computed on a 1-min basis, and are then adjusted using a correction factor to correspond to the epoch duration chosen to analyse the accelerometer dataset.

Usage

```
mark_intensity(
  data,
  col_axis = c("vm", "axis1"),
  col_time = "time",
  col_nonwear = "non_wearing_count",
  col_wear = "wearing_count",
  sed_cutpoint = 200,
  mpa_cutpoint = 2690,
  vpa_cutpoint = 6167,
  equation = c("Sasaki et al. (2011) [Adults]", "Santos-Lozano et al. (2013) [Adults]",
    "Freedson et al. (1998) [Adults]", "Santos-Lozano et al. (2013) [Older adults]"),
  age = 40,
  weight = 70,
  sex = c("male", "female", "intersex", "undefined", "prefer not to say"),
  dates = NULL
```

)

Arguments

data	A dataframe obtained using the <code>prepare_dataset</code> and then the <code>mark_wear_time</code> functions.
col_axis	A character value to indicate the name of the variable to be used for determining intensity categories.
col_time	A character value to indicate the name of the variable related to time data.
col_nonwear	A character value to indicate the name of the variable used to count nonwear time.
col_wear	A character value to indicate the name of the variable used to count wear time.
sed_cutpoint	A numeric value below which time is considered as spent in sedentary behavior (in counts/min). In the case where the epoch of the dataset would be shorter than 60 s, the function will divide the cut-point value so that it corresponds to the epoch length used.
mpa_cutpoint	A numeric value at and above which time is considered as spent in moderate physical activity (in counts/min). In the case where the epoch of the dataset would be shorter than 60 s, the function will divide the cut-point value so that it corresponds to the epoch length used.
vpa_cutpoint	A numeric value at and above which time is considered as spent in vigorous physical activity (in counts/min). In the case where the epoch of the dataset would be shorter than 60 s, the function will divide the cut-point value so that it corresponds to the epoch length used.
equation	A character string to indicate the equation to be used for estimating METs.
age	A numeric value in yr.
weight	A numeric value in kg.
sex	A character value.
dates	A character vector containing the dates to be retained for analysis. The dates must be with the "YYYY-MM-DD" format.

Value

A dataframe.

Examples

```
file <- system.file("extdata", "acc.agd", package = "activAnalyzer")
mydata <- prepare_dataset(data = file)
mydata_with_wear_marks <- mark_wear_time(
  dataset = mydata,
  TS = "TimeStamp",
  to_epoch = 60,
  cts = "vm",
  frame = 90,
  allowanceFrame = 2,
```

```

    streamFrame = 30
  )
mydata_with_intensity_marks <- mark_intensity(
  data = mydata_with_wear_marks,
  col_axis = "vm",
  equation = "Sasaki et al. (2011) [Adults]",
  sed_cutpoint = 200,
  mpa_cutpoint = 2690,
  vpa_cutpoint = 6167,
  age = 32,
  weight = 67,
  sex = "male",
  )
head(mydata_with_intensity_marks)

```

mark_wear_time	<i>Mark dataset for nonwear/wear time</i>
----------------	---

Description

This function wraps the [dataCollapser](#) and the [wearingMarking](#) functions from the `PhysicalActivity` package. After collapsing data, the function adds time and date columns. Then, the function analyzes the dataset for nonwear time detection. Finally, the function adds two variables to the dataset: the variable `non_wearing_count` that contains the number 1 when the device was *not* worn (otherwise, 0 is used), and the variable `wearing_count` that contains the number 1 when the device was worn (otherwise, 0 is used).

Usage

```

mark_wear_time(
  dataset,
  TS = "TimeStamp",
  to_epoch = 60,
  cts = "vm",
  frame = 90,
  allowanceFrame = 2,
  streamFrame = 30
)

```

Arguments

dataset	A dataframe obtained using the prepare_dataset function.
TS	A character value indicating the name of the variable where date and time information are provided.
to_epoch	A numeric value indicating the length of the epoch to use (in seconds) for accumulating data. The value must be superior or equal to the recording epoch that was used for the measurement.

cts	A character value indicating the name of the variable used by the nonwear/wear detection algorithm.
frame	A numeric value for the length of the time window (in minutes) used to detect nonwear/wear time.
allowanceFrame	A numeric value for the length of the time window (in minutes) with nonzero counts allowed within the detected nonwear period.
streamFrame	A numeric value for the length of the time window required around the detected activity to validate nonwear time.

Value

A dataframe.

Examples

```
file <- system.file("extdata", "acc.agd", package = "activAnalyzer")
mydata <- prepare_dataset(data = file)
mydata_with_wear_marks <- mark_wear_time(
  dataset = mydata,
  TS = "TimeStamp",
  to_epoch = 60,
  cts = "vm",
  frame = 90,
  allowanceFrame = 2,
  streamFrame = 30
)
head(mydata_with_wear_marks)
```

plot_data

Plot accelerometer data for each day

Description

This function plots accelerometer data against time for each day of measurement, with the possibility to specify the metric to visualize.

Usage

```
plot_data(
  data,
  metric = "axis1",
  col_time = "time",
  col_nonwear = "non_wearing_count",
  col_wear = "wearing_count",
  zoom_from = "00:00:00",
  zoom_to = "23:59:59"
)
```

Arguments

data	A dataframe obtained using the <code>prepare_dataset</code> and then the <code>mark_wear_time</code> functions.
metric	A character value to indicate the name of the variable to be plotted against time.
col_time	A character value to indicate the name of the variable to plot time data.
col_nonwear	A character value to indicate the name of the variable used to count nonwear time.
col_wear	A character value to indicate the name of the variable used to count wear time.
zoom_from	A character value with the HH:MM:SS format to set the start of the daily period to visualize.
zoom_to	A character value with the HH:MM:SS format to set the end of the daily period to visualize.

Value

A ggplot object.

Examples

```
file <- system.file("extdata", "acc.agd", package = "activAnalyzer")
mydata <- prepare_dataset(data = file)
mydata_with_wear_marks <- mark_wear_time(
  dataset = mydata,
  TS = "TimeStamp",
  to_epoch = 60,
  cts = "vm",
  frame = 90,
  allowanceFrame = 2,
  streamFrame = 30
)
plot_data(
  data = mydata_with_wear_marks,
  metric = "vm",
  col_time = "time",
  col_nonwear = "non_wearing_count",
  col_wear = "wearing_count",
  zoom_from = "02:00:00",
  zoom_to = "23:58:00"
)
```

plot_data_with_intensity

Plot accelerometer data for each day with both nonwear time and physical activity intensity categories

Description

This function plots accelerometer data with intensity categories against time for each day of measurement, with the possibility to specify the metric to visualize.

Usage

```
plot_data_with_intensity(  
  data,  
  metric = "axis1",  
  col_time = "time",  
  col_nonwear = "non_wearing_count",  
  col_wear = "wearing_count",  
  valid_wear_time_start = "00:00:00",  
  valid_wear_time_end = "23:59:59",  
  zoom_from = "00:00:00",  
  zoom_to = "23:59:59"  
)
```

Arguments

data	A dataframe obtained using the prepare_dataset , mark_wear_time , and then the mark_intensity functions.
metric	A character value to indicate the name of the variable to be plotted against time.
col_time	A character value to indicate the name of the variable to plot time data.
col_nonwear	A character value to indicate the name of the variable used to count nonwear time.
col_wear	A character value to indicate the name of the variable used to count wear time.
valid_wear_time_start	A character value with the HH:MM:SS format to set the start of the daily period that will be considered for computing valid wear time.
valid_wear_time_end	A character value with the HH:MM:SS format to set the end of the daily period that will be considered for computing valid wear time.
zoom_from	A character value with the HH:MM:SS format to set the start of the daily period to visualize.
zoom_to	A character value with the HH:MM:SS format to set the end of the daily period to visualize.

Value

A ggplot object.

Examples

```
file <- system.file("extdata", "acc.agd", package = "activAnalyzer")  
mydata <- prepare_dataset(data = file)
```

```
mydata_with_wear_marks <- mark_wear_time(  
  dataset = mydata,  
  TS = "TimeStamp",  
  to_epoch = 60,  
  cts = "vm",  
  frame = 90,  
  allowanceFrame = 2,  
  streamFrame = 30  
)  
mydata_with_intensity_marks <- mark_intensity(  
  data = mydata_with_wear_marks,  
  col_axis = "vm",  
  equation = "Sasaki et al. (2011) [Adults]",  
  sed_cutpoint = 200,  
  mpa_cutpoint = 2690,  
  vpa_cutpoint = 6167,  
  age = 32,  
  weight = 67,  
  sex = "male",  
)  
plot_data_with_intensity(  
  data = mydata_with_intensity_marks,  
  metric = "vm",  
  valid_wear_time_start = "00:00:00",  
  valid_wear_time_end = "23:59:59",  
  zoom_from = "02:00:00",  
  zoom_to = "23:58:00"  
)
```

prepare_dataset

Prepare accelerometer data

Description

This function reads an .agd file and then creates the vector magnitude variable as follows: $vm = \sqrt{axis1^2 + axis2^2 + axis3^2}$. The .agd file must contain at least the following columns:

- axis1
- axis2
- axis3
- steps

Usage

```
prepare_dataset(data)
```


Arguments

data Path to an .agd file that was exported from ActiLife software.

Value

A dataframe.

Examples

```
file <- system.file("extdata", "acc.agd", package = "activAnalyzer")
mydata <- prepare_dataset(data = file)
head(mydata)
```

rasch_transform	<i>Compute Rasch transformation for PROactive scores</i>
-----------------	--

Description

This function provides the 0-100 Rasch scaled score of a given C-PPAC or D-PPAC raw score (based on: Garcia-Aymerich J, et al. Thorax 2021;0:1–11. doi: 10.1136/thoraxjnl-2020-214554).

Usage

```
rasch_transform(
  x,
  quest = c("C-PPAC", "D-PPAC"),
  score = c("difficulty", "quantity")
)
```

Arguments

x A numeric value that is the difficulty score (between 0 and 40 for C-PPAC or 0 and 20 for D-PPAC) or the quantity score (between 0 and 15 for C-PPAC or 0 and 17 for D-PPAC) obtained using a PROactive questionnaire.

quest A character value to indicate with which PROactive questionnaire the raw score has been obtained.

score A character value.

Value

A numeric value.

Examples

```
rasch_transform(33, quest = "C-PPAC", score = "difficulty")
```

`read_agd`*Read activity counts from an *.agd file*

Description

Read ActiGraph sleep watch data from a database stored in an AGD file. Return a tibble. (Code is from actigraph.sleep package <https://github.com/dipetkov/actigraph.sleep/>. See LICENSE.note file in the app skeleton.)

Usage

```
read_agd(file, tz = "UTC")
```

Arguments

<code>file</code>	Full path to an agd file to read.
<code>tz</code>	Time zone to convert DateTime ticks to POSIX time.

Value

A tibble of activity data with at least two columns: timestamp and axis1 counts. Optional columns include axis2, axis2, steps, lux and inclinometer indicators (incline off, standing, sitting and lying). The device settings are stored as attributes, which include epochlength.

References

The AGD file format is described in the ActiLife 6 Manual. <https://actigraphcorp.com/support/manuals/actilife-6-manual/>

See Also

[read_agd_raw\(\)](#)

Examples

```
file <- system.file("extdata", "acc.agd",  
  package = "activAnalyzer"  
)  
read_agd(file)
```

read_agd_raw	<i>Read an *.agd file, with no post-processing</i>
--------------	--

Description

Read ActiGraph sleep watch data from an SQLite database stored in an AGD file and return a list with (at least) five tables: data, sleep, filters, settings, awakenings. The tables have the schema described in the ActiLife 6 User manual and the timestamps are converted from Unix time format to human-readable POSIXct representation. Code is from actigraph.sleep package <https://github.com/dipetkov/actigraph.sleep/>. See LICENCE.note file in the app skeleton.

Usage

```
read_agd_raw(file, tz = "UTC")
```

Arguments

file	Full path to an agd file to read.
tz	Time zone to convert DateTime ticks to POSIX time.

Details

Some ActiGraph devices contain a capacitive sensor to detect monitor removal when worn against the skin. If that data is available, the return list includes a capsense table as well.

Value

A list of five tables: settings, data, filters, sleep, awakenings and, if available, capsense.

References

ActiLife 6 User's Manual by the ActiGraph Software Department. 04/03/2012.
covertagd: R package for converting agd files from ActiGraph into data.frames.

See Also

[read_agd\(\)](#)

Examples

```
file <- system.file("extdata", "acc.agd",  
  package = "activAnalyzer"  
)  
str(read_agd_raw(file))
```

recap_by_day	<i>Summarize results by day</i>
--------------	---------------------------------

Description

This function summarizes various accelerometer metrics for each day of the measurement period.

Usage

```
recap_by_day(
  data,
  col_axis = "vm",
  col_time = "time",
  col_nonwear = "non_wearing_count",
  col_wear = "wearing_count",
  valid_wear_time_start = "00:00:00",
  valid_wear_time_end = "23:59:59",
  age = 40,
  weight = 70,
  sex = c("male", "female", "intersex", "undefined", "prefer not to say"),
  start_first_bin = 0,
  start_last_bin = 10000,
  bin_width = 500
)
```

Arguments

data	A dataframe obtained using the prepare_dataset , mark_wear_time , and then the mark_intensity functions.
col_axis	A character value to indicate the name of the variable to be used to compute total time per bin of intensity and then intensity gradient.
col_time	A character value indicating the name of the variable where time information is provided.
col_nonwear	A character value to indicate the name of the variable used to count nonwear time.
col_wear	A character value to indicate the name of the variable used to count wear time.
valid_wear_time_start	A character value with the HH:MM:SS format to set the start of the daily period to consider for computing valid wear time.
valid_wear_time_end	A character value with the HH:MM:SS format to set the end of the daily period to consider for computing valid wear time.
age	A numeric value in yr.
weight	A numeric value in kg.
sex	A character value.

start_first_bin	A numeric value to set the lower bound of the first bin of the intensity band (in counts/epoch duration).
start_last_bin	A numeric value to set the lower bound of the last bin of the intensity band (in counts/epoch duration).
bin_width	A numeric value to set the width of the bins of the intensity band (in counts/epoch duration).

Details

The following metrics are computed from epochs corresponding to valid wear time:

- **wear_time**: total wear time computed using the daily period defined in the function
- **total_counts_axis1**: total counts for the vertical axis
- **total_counts_vm**: total counts for the vector magnitude
- **axis1_per_min**: mean of the counts per minute for the vertical axis
- **vm_per_min**: mean of the counts per minute for the vector magnitude
- **minutes_SED**: total minutes spent in SED behavior
- **minutes_LPA**: total minutes spent in LPA behavior
- **minutes_MPA**: total minutes spent in MPA behavior
- **minutes_VPA**: total minutes spent in VPA behavior
- **minutes_MVPA**: total minutes spent in MVPA behavior
- **percent_SED**: proportion of wear time spent in SED behavior
- **percent_LPA**: proportion of wear time spent in LPA behavior
- **percent_MPA**: proportion of wear time spent in MPA behavior
- **percent_VPA**: proportion of wear time spent in VPA behavior
- **percent_MVPA**: proportion of wear time spent in MVPA behavior
- **ratio_mvpa_sed**: ratio between MVPA and SED times ($\text{minutes_MVPA} / \text{minutes_SED}$)
- **mets_hours_mvpa**: total MET-hours spent in MVPA behavior
- **total_kcal**: total kilocalories
- **PAL**: physical activity level
- **total_steps**: total step count
- **max_steps_60min**: best step accumulation per minute averaged over a window of 60 continuous minutes
- **max_steps_30min**: best step accumulation per minute averaged over a window of 30 continuous minutes
- **max_steps_20min**: best step accumulation per minute averaged over a window of 20 continuous minutes
- **max_steps_5min**: best step accumulation per minute averaged over a window of 5 continuous minutes
- **max_steps_1min**: best step accumulation per minute over a window of 1 minute

- **peak_steps_60min:** step accumulation per minute averaged over the best 60 continuous or discontinuous minutes
- **peak_steps_30min:** step accumulation per minute averaged over the best 30 continuous or discontinuous minutes
- **peak_steps_20min:** step accumulation per minute averaged over the best 20 continuous or discontinuous minutes
- **peak_steps_5min:** step accumulation per minute averaged over the best 5 continuous or discontinuous minutes
- **peak_steps_1min:** step accumulation per minute over the best minute (same result as for `max_steps_1min`)
- **ig:** intensity gradient
- **M1/3:** the count value (in counts/epoch duration) above which the most active 8h were accumulated over the day
- **M120:** the count value (in counts/epoch duration) above which the most active 120 minutes were accumulated over the day
- **M60:** the count value (in counts/epoch duration) above which the most active 60 minutes were accumulated over the day
- **M30:** the count value (in counts/epoch duration) above which the most active 30 minutes were accumulated over the day
- **M15:** the count value (in counts/epoch duration) above which the most active 15 minutes were accumulated over the day
- **M5:** the count value (in counts/epoch duration) above which the most active 5 minutes were accumulated over the day

PAL is computed by dividing total energy expenditure (TEE) by BMR. TEE is obtained by summing the kilocalories computed for wear time epochs and the kilocalories related to BMR theoretically expended during nonwear time epochs (it is assumed that the periods where the device was not worn corresponded to sleeping periods, during which energy expenditure is near of BMR), and by multiplying this sum by 10/9 to take into account the thermic effect of food. Of course, such calculations may conduct to underestimate TEE and PAL if the device was removed during prolonged periods of physical activity. Moreover, even if the device was correctly worn, the estimate of PAL is very approximate since both BMR and kilocalories are estimated using methods that may not be accurate at the individual level.

The intensity gradient and the MX metrics are obtained using the [compute_intensity_distri_metrics](#) function.

Value

A list of objects: `df_all_metrics`, `p_band`, and `p_log`. `df_all_metrics` is a dataframe containing all the metrics for each day. `p_band` is a figure that shows the distribution of time spent in the configured bins of intensity for each day of the dataset. `p_log` is a figure that shows, for each day, the relationship between the natural log of time spent in each intensity bin with the natural log of the middle values of the intensity bins.

Examples

```
file <- system.file("extdata", "acc.agd", package = "activAnalyzer")
mydata <- prepare_dataset(data = file)
mydata_with_wear_marks <- mark_wear_time(
  dataset = mydata,
  TS = "TimeStamp",
  to_epoch = 60,
  cts = "vm",
  frame = 90,
  allowanceFrame = 2,
  streamFrame = 30
)
mydata_with_intensity_marks <- mark_intensity(
  data = mydata_with_wear_marks,
  col_axis = "vm",
  equation = "Sasaki et al. (2011) [Adults]",
  sed_cutpoint = 200,
  mpa_cutpoint = 2690,
  vpa_cutpoint = 6167,
  age = 32,
  weight = 67,
  sex = "male"
)
recap_by_day(
  data = mydata_with_intensity_marks,
  col_axis = "vm",
  age = 32,
  weight = 67,
  sex = "male",
  valid_wear_time_start = "07:00:00",
  valid_wear_time_end = "22:00:00",
  start_first_bin = 0,
  start_last_bin = 10000,
  bin_width = 500
)
```

run_app

Run the Shiny Application

Description

Run the Shiny Application

Usage

run_app(

```

  onStart = NULL,
  options = list(),
  enableBookmarking = NULL,
  uiPattern = "/",
  ...
)

```

Arguments

onStart	A function that will be called before the app is actually run. This is only needed for shinyAppObj, since in the shinyAppDir case, a global.R file can be used for this purpose.
options	Named options that should be passed to the runApp call (these can be any of the following: "port", "launch.browser", "host", "quiet", "display.mode" and "test.mode"). You can also specify width and height parameters which provide a hint to the embedding environment about the ideal height/width for the app.
enableBookmarking	Can be one of "url", "server", or "disable". The default value, NULL, will respect the setting from any previous calls to enableBookmarking() . See enableBookmarking() for more information on bookmarking your app.
uiPattern	A regular expression that will be applied to each GET request to determine whether the ui should be used to handle the request. Note that the entire request path must match the regular expression in order for the match to be considered successful.
...	arguments to pass to golem_opts. See <code>?golem::get_golem_options</code> for more details.

Value

No return value, called for side effects.

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